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Week 7 Recap: Ballerz Stay Undefeated, Flames Heat Up as Playoffs Near

Ballerz 49, Legends 21 (Flag Football)

The Ballerz came out blazing and never let their foot off the gas. From the opening whistle, their speed and timing were on full display, as Yumi Erlichman punched in the first score, and moments later Tzvi Langer jumped a route for a highlight-reel pick-six. Another quick strike to Langer after that made it 21–0 before the Legends could even catch their breath.

The Legends eventually found rhythm, with Shaya English catching two touchdowns and Itai Mittan adding another, putting them back in the game. But each time the Legends crept closer, the Ballerz immediately answered with another big play, keeping full control of the game throughout

In the end, it was all Ballerz; a 49–21 statement win that cements them as the team to beat come playoffs. They're clicking in all sports, getting contributions up and down their roster, and playing like a group that believes it can be holding up the 5TMSL Cup when it's all said and done. With the playoffs approaching, the Ballerz look locked in and built for a deep run.

Flames 70, Avatars 56 (Flag Football)

The Avatars entered Week 7 hungry for their first win of the season and came out swinging behind a breakout performance from Elimelech Ringel. Ringel put on a show from start to finish, catching six touchdowns, including an unbelievable highlight grab in the back corner of the end zone while surrounded by Flames defenders.

But the Flames simply had too much firepower. Their balanced attack and experience showed early and often, with Shai Levine and Mordy Schwab each finding the end zone three times and Dani Grabie catching another two touchdowns. Akiva Schrier added one of his own, and Eitan Portal capped off the scoring with a late touchdown to seal the game.

The win moves the Flames to 4–2–1 and sends them into the final week with confidence heading into the playoffs. They'll face top-seeded Ballerz in a softball showdown. The Avatars will look to regroup and try to secure their first win in Week 8, with a basketball matchup against the Legends up next.

Team	W%	W	L	T	PF	PA	PD	Basketball	Flag Football	Softball	Hockey
Ballerz	100.0%	7	0	0	190	105	+85	2-0	2-0	1-0	2-0
Flames	60.0%	4	2	1	179	191	-12	0-1-1	1-1	1-0	2-0
Legends	33.3%	2	5	0	132	147	-15	0-1	1-1	1-1	0-2
Avatars	0.0%	0	6	1	127	185	-58	0-0-1	0-2	0-2	0-2

Basketball			Softball			Flag Football			Hockey		
Points			Hits			Touchdowns			Goals		
Rank	Player	Points	Rank	Player	Hits	Rank	Player	Touchdowns	Rank	Player	Goals
T1	Yumi Erlichman (Ballers)	14	1	Aryeh Neumann (Legends)	10	1	Yumi Erlichman (Ballers)	7	1	Yumi Erlichman (Ballers)	5
	Shai Levine (Flames)	14	T2	Shaya English (Legends)	8	T2	Tzvi Langer (Ballers)	6	T2	Aryeh Faska (Legends)	4
3	Akiva Schreier (Flames)	11		Aryeh Faska (Legends)	8		Elimelech Ringel (Avatars)	6		Akiva Schreier (Flames)	4
4	Tzvi Langer (Ballers)	10	T4	Ezra Landau (Legends)	6	T4	Dani Grabie (Flames)	4	T4	Dani Grabie (Flames)	3
5	Joey Gordon (Avatars)	8		Sammy Slansky (Legends)	6		Shai Levine (Flames)	4		Dovid Rosenberg (Avatars)	3
6	Shimmy Greenspan (Avatars)	7	T6	Shimmy Greenspan (Avatars)	5		Aryeh Neumann (Legends)	4	T6	Shaya English (Legends)	2
T7	Dani Grabie (Flames)	6		Elisha Hochheiser (Flames)	5		Dovid Rosenberg (Avatars)	4		Shimmy Greenspan (Avatars)	2
	Yehuda Schwartz (Ballers)	6		Akiva Schreier (Flames)	5		Mordy Schwab (Flames)	4		Mordy Schwab (Flames)	2
	Yechiel Zicherman (Ballers)	6	T9	Oren Baron (Legends)	4	T9	Shaya English (Legends)	3		Yehuda Schwartz (Ballers)	2
10	Shaya English (Legends)	5		Eytan Langsam (Avatars)	4		Aryeh Faska (Legends)	3	T10	Yitzchak Hertz (Ballers)	1
										Abie Krinsky (Legends)	1
										Tzvi Langer (Ballers)	1
										Nachi Moskowitz (Ballers)	1

Week 2: Thrashers Shock Blizzards, Flamingoes & Sting Earn First Wins

Fighting Flamingoes 9, Johnny Hockey 8

Both teams came into Week 2 desperate for their first win of the season, and the urgency showed from the opening faceoff. The Fighting Flamingoes, still looking to find their rhythm after a rough performance in the opener, turned to starting goalie Eli Dachs in his season debut. As the game progressed, Dachs settled in, made key stops to keep his team in front.

On the other side, Johnny Hockey came out hungry and locked in, moving the puck well and applying pressure early. They answered every surge with one of their own, powered by standout performances from Dovi Mandelbaum and Shaya Elefant, who each recorded a hat trick and constantly kept the defense scrambling.

But in the third period, the Flamingoes felt like they had it sealed, with Shua Behar sniping a shot from the point and extending the lead to 9–6. But Johnny Hockey refused to go down quietly. They dug in, pushed pace, and chipped away late to make it a one-goal game in the final minute. Then, with 20 seconds left, the faceoff popped loose right to Dovi Mandelbaum at the top of the slot. He had space, a clean look, and the tying goal on his stick, but his shot sailed just wide, and the Flamingoes held on for a gritty, 9–8 victory.

Thrashers 12, Blizzards 10

In one of the most shocking finishes we've seen in Dynasty Hockey so far, the Thrashers erased a four-goal deficit in the third period to stun the Blizzards and flip the early-season picture.

The Blizzards came out looking exactly like the team that dominated Week 1; fast, sharp, and relentless. Dovid Neuman and Chaim Zagelbaum picked up right where they left off, combining for multiple goals and driving play from the opening faceoff. With puck movement and constant pressure, the Blizzards built a four-goal cushion and looked fully in control heading into the final period.

This game carried extra meaning for Thrashers goalie Eli Jaroslawicz; facing his former team for the first time. After a shaky start against familiar faces, he settled in, made the saves he needed to, and kept the door open just long enough for his team to find their moment.

The third period turned into a complete eruption. The Thrashers caught fire and flipped the game on its head, with captain Yonah Levine taking over the game and pouring in four goals in the final period alone.

As momentum swung, the Blizzards tried to respond with late pressure, but the Thrashers held firm and slammed the door shut, completing one of the wildest comebacks we've seen to claim a 12–10 win - their first in franchise history.

Sting 8, Bruisers 5

In a matchup loaded with intrigue and storylines, the Sting announced themselves as a serious new threat with a sharp and balanced 8–5 win over the Bruisers. From the opening drop, it was clear the Sting came ready to play, moving the puck with purpose, and cashing in on their chances. Sruli Vegh and Uri Spiro led the way with three goals apiece, while Moshe Boehm and captain Ari Levine each added one, showcasing a full-team scoring effort that kept the pressure on all night.

The Bruisers, meanwhile, leaned heavily on their newest offensive weapon. Micky Spiro made his 5TMSL Dynasty Hockey debut and looked every bit like the star many expected, pouring in all five goals for his side and single-handedly keeping the game within reach. But without consistent support around him, the comeback push never fully materialized.

The Sting tightened up late, closed out defensive possessions, and secured a statement victory; a win that shows they're not here just to participate as an expansion squad. For the Bruisers, Micky Spiro's explosive arrival is a huge positive, but the secondary scoring will be key as they look to regroup moving forward.

Rank	Player	Goals
1	Dovid Neuman (Blizzards)	9
T2	Dovi Gordon (Bruisers)	5
	Yonah Levine (Thrashers)	5
	Micky Spiro (Bruisers)	5
	Chaim Zagelbaum (Blizzards)	5
T6	Shua Behar (Fighting Flamingoes)	4
	Moshe Hirschman (Bruisers)	4
	Jason Schlessel (Fighting Flamingoes)	4
	Uri Spiro (Sting)	4
	Sruli Vegh (Sting)	4
	Mendel Weiss (Johnny Hockey)	4
T12	Shaya Elefant (Johnny Hockey)	3
	Ethan Felder (Thrashers)	3
	Dovi Mandelbaum (Johnny Hockey)	3
	Dovi Taubenfeld (Johnny Hockey)	3

Rank	Goalie	GA/ Game
1	Nachum Klein (Sting)	3.50
2	Michael Indig (Bruisers)	4.00
3	Eli Jaroslawicz (Thrashers)	6.50
T4	Eli Dachs (Fighting Flamingoes)	8.00
	Michael Kunstler (Johnny Hockey)	8.00
	Yosef Fein (Blizzards)	8.00

TEAM	PTS	W	L	OTL	GS	GA	GD	STRK
Sting	4	2	0	0	11	7	+4	W2
Bruisers	2	1	1	0	18	13	+5	L1
Thrashers	2	1	1	0	14	13	+1	W1
Blizzards	2	1	1	0	18	17	+1	L1
Fighting Flamingoes	2	1	1	0	14	21	-7	W1
Johnny Hockey	0	0	2	0	13	17	-4	L2

This Week in NY Sports

New York Giants

After the collapse in Denver the previous week, the Giants were beaten decisively in Philadelphia, 38–20. After showing progress earlier in the season, the last two games have been a significant step backward for the Giants.

Philadelphia opened the scoring with a long touchdown run, but the Giants responded immediately, tying the game 7–7 on an 18-yard touchdown pass from Jaxson Dart to Cam Skattebo. Early on, New York moved the ball effectively and matched the Eagles’ tempo. The turning point came shortly after the tying score, when Skattebo suffered a severe ankle injury that will sideline him for the remainder of the season.

From that moment, Philadelphia controlled the game. The Eagles ran the ball efficiently, repeatedly creating explosive gains on early downs and setting up manageable red-zone opportunities. Jalen Hurts capitalized with four touchdown passes, including two to tight end Dallas Goedert, while Saquon Barkley added both a rushing and receiving touchdown.

Offensively, Dart finished with 193 passing yards, a touchdown, and a late rushing score. However, the Giants struggled to generate sustained drives after Skattebo's departure. Protection issues led to five sacks. New York settled for field goals on two promising drives before the Eagles pulled away in the second half.

Defensively, New York was unable to contain the run, allowing large gains that changed field position and time of possession in Philadelphia’s favor. Missed assignments and tackling issues contributed to sustained Eagles drives and limited opportunities for the Giants’ offense to respond.

The Giants were competitive in stretches but could not recover from the loss of their starting running back and the physical advantage the Eagles had up front. Looking ahead, the rest of the season will be about Jaxson Dart’s development and building toward the future rather than any postseason dreams.

New York Jets

Sunday in Cincinnati brought the Jets their first win of the season in dramatic fashion, as they defeated the Bengals 39–38 behind a fourth-quarter surge and their most complete offensive performance of the year.

After falling behind 38–24 with just over ten minutes remaining, the Jets responded with consecutive touchdown drives, leaning on the run game and efficient quarterback play from Justin Fields. Running back Breece Hall led the offense throughout the afternoon, finishing with two rushing touchdowns and then later threw the go-ahead and eventual game-winning touchdown to tight end Mason Taylor on a trick play.

Fields started in place of the injured Tyrod Taylor and delivered his best performance of the season. He completed 21 of 32 passes for 244 yards, added 31 yards rushing, and did not turn the ball over. His

command improved as the game progressed, and he led the offense on multiple scoring drives in the fourth quarter, including the possession that set up the winning pass by Hall.

Defensively, the Jets allowed production all day from Cincinnati, including multiple touchdowns from running back Chase Brown. They struggled as a unit to get pressure on Joe Flacco all game, but secured the necessary stop in the closing minutes, forcing a turnover on downs to seal the victory.

Looking ahead, the Jets will look to build on this performance, but at 1–7, the rest of the season will be about seeing which young players can be part of the core going forward; specifically whether Justin Fields has a place in the team’s future after his strongest outing of the year.

New York Knicks

The Knicks are coming off two consecutive road losses, falling 115–107 in Miami and 121–111 in Milwaukee. In both games, New York opened well, including a 12-point halftime lead against the Bucks, but struggled mightily in the second half. Opponents adjusted defensively, controlled the paint, and took advantage of stretches when New York’s offense stalled.

Jalen Brunson continued to anchor the offense, scoring 37 points in Miami and 36 in Milwaukee while providing stability and shot creation throughout both matchups. However, the supporting scoring was inconsistent. Karl-Anthony Towns had one of his toughest nights in Milwaukee with just eight points on 2-of-12 shooting, and the offense struggled to find reliable production behind Brunson when Towns was unable to establish a rhythm. The lack of secondary scoring, particularly in key stretches, contributed to lost momentum in both contests.

Defensively, New York showed strong stretches but was unable to maintain physicality and discipline over four quarters, allowing Miami and Milwaukee to dictate pace in the second half and generate offensive rebounds and second-chance points. Opponents have capitalized on transition chances and rebounding advantages, areas that have become points of emphasis early in the season.

Overall, the Knicks remain a talented team with expectations to be near the top of the Eastern Conference, but the focus now shifts to consistency, establishing a more reliable offensive scoring around Brunson, and returning to the defensive identity that drove last year’s success. New York has shown the ability to control games early; converting those stretches into complete performances and stabilizing rotations as health improves will be key as the schedule moves forward.

The NFL Needs an Equal Draft Lottery

By: Aaron Boehm (5TMSL League Founder)

Every year when the season winds down, we see the same story. A team sitting at 4–12 or 5–11 plays hard in the final weeks, maybe even wins a game or two, and instead of celebrating, the fans are upset. They say *“That win just cost us the No. 1 pick,”* or *“We blew our shot at the quarterback.”*

It's become normal for fans to root against their own team in the final weeks of the season. And that's a big problem.

Let me be clear: this isn't about players or coaches tanking. They're out there to win. They prepare, they compete, and they take pride in their work. This is about the fans, the ones who end up booing their own team when they win a game late in the season, because it leads to the team having a worse draft pick.

My solution is simple: the NFL should move to a draft lottery for the first round only, with equal odds for every team that misses the playoffs.

This isn't about punishing bad teams or pretending every roster is equal. It's about changing the message. It's about removing the idea that a win can "hurt" you. No fan should ever have to say, "*We should've lost that game on purpose.*" A lottery would make the end of the regular season better for everyone. Fans could root for their team always without worrying about future draft positioning.

Some people will say a lottery brings conspiracy; it makes fans think the league is rigged. You'll hear the same talk we get in the NBA: people saying it was "too perfect" when LeBron went to his hometown team, or that it was "just a coincidence" when Cooper Flagg ended up in Dallas right after they traded Luka to the Lakers. But let's be honest - if we really don't trust these leagues to run a fair lottery, then why are we even watching? If you truly believe the league would rig the lottery (they aren't), then why are we caring about the product at all?

And yes, this would be for the first round only. That's on purpose. This isn't about getting rid of parity; it's about removing the name from the tank. The issue isn't the draft slot - it's the player attached to it. It's the, "If we didn't win Week 18, we could've had _____." That's what kills fandom. A first-round lottery gets rid of that mentality so fans don't feel punished for hoping their teams wins.

After the first round? Back to record, like usual. Parity should be a focal point of all leagues, and the worst teams should get help. Rounds two and on stay the same. Bad teams still get the picks they need - just without it being attached to a single player.

The point here isn't to reinvent the sport. It just needs one simple adjustment that protects what makes sports special - the ability to root for your team without hesitation. Every Sunday should be about rooting for your team to win. Not worrying about the long-term effects of that win.

An equal-odds lottery for non-playoff teams fixes that. It gives fans back their right to celebrate every win, even when their team is long out of playoff contention.

A win should never feel like a loss. A proud moment shouldn't feel like a mistake. If the NFL wants to protect the meaning of its regular season, if it wants fans engaged from Week 1 through Week 18, then this is the route they should take.

TWILLORY

Sports Trivia

NBA

1. Two players have recorded 20-20-20 games in NBA history. Who are they?
2. Which active NBA player has won the most Defensive Player of the Year awards?
3. Which NBA player has averaged the most points per game (PPG) since the 2019-20 season?
4. Which team did Shaquille O'Neal win his final NBA championship with?
5. Which players did the Phoenix Suns trade to the Houston Rockets in June 2025 to get Kevin Durant?

NFL

1. Which running back holds the record for most rushing touchdowns in a single season?
2. Which active NFL player has the most all-purpose yards (includes return yardage)?
3. Which active NFL quarterback has the most career interceptions?
4. Which quarterback started ahead of Josh Allen in Week 1 of 2018?
5. Who was the last non-quarterback to win Super Bowl MVP?

MLB

1. Which MLB player became the first to record a 40-70 season (40 HR, 70 SB)?
2. Name two of the three pitchers who made up the Atlanta Braves' legendary "Big Three" rotation during the 1990s and early 2000s.
3. Which New York Mets pitcher was the most recent to record a 20-win season?
4. Which current New York Yankees player holds the most career triples? (triples don't have to all be with Yankees)
5. Which team did Ichiro Suzuki collect his 3,000th MLB hit with?

NHL

1. Which Canadian team was the most recent to win the Stanley Cup?
2. Which defenseman won the 2024-25 Norris Trophy as the NHL's best defenseman?
3. Which Islander's goaltender was the first goalie to score a goal in an NHL game?
4. Which NHL coach has the most career wins?
5. Which current New York Rangers player has the most career goals with the team?

Death Question (Hardest Question of the Week) - Which active NFL player has the most career return touchdowns?

Answers

NBA

1. Wilt Chamberlain and Russell Westbrook
2. Rudy Gobert (4-time DPOY winner)
3. Luka Doncic (30.1 PPG)
4. Miami Heat (2006)
5. Jalen Green and Dillon Brooks

NFL

1. LaDanian Tomlinson (28 in 2006)
2. Tyreek Hill (13,622)
3. Mathew Stafford (190 interceptions)
4. Nathan Peterman
5. Cooper Kupp (2022)

MLB

1. Ronald Acuna Jr. (41 homeruns, 73 stolen bases in 2023)
2. John Smoltz, Greg Maddux, Tom Glavine
3. R.A. Dickey (20 wins in 2012)
4. Amed Rosario (46 triples)
5. Miami Marlins (2016)

NHL

1. Cale Makar
2. Martin Brodeur (125)
3. Billy Smith
4. Scotty Bowman (1,244 victories)
5. Mika Zibanejad (253 goals)

Death Question

Jamal Agnew (7 return TD's) – Cordarrale Patterson has 9 return TD's but is not actively on a roster